



OON INSURANCE REIMBURSEMENT

Thank you for your interest in Mindfully Active Counseling + Art Therapy! We are an out-of-network company and therefore require an out-of-pocket payment the day of session. However, if you are interested in using insurance, Mindfully Active will send out your weekly superbill the Monday following each appointment. Clients can submit these superbills to their insurance company and may be eligible for reimbursement through their out-of-network benefits. Many of our clients receive a reimbursement of up to 70% for each session.

To learn more about your eligibility, call your insurance company (number on the back of your insurance card) and ask the following questions:

- What are my out-of-network benefits for outpatient mental/behavioral health services?
- What percentage reimbursement will my plan cover?
- Is there a deductible I need to reach before I am eligible to access my out-of-network reimbursement?